



7/21/20

Dear Parents and Guardians-

Here is today's Campus update, which can also be found on the Campus page of the Orchard Place website at: <https://www.orchardplace.org/services/orchard-place-campus>.

**1. COVID Recovery Iowa Resource, see attached newsletter.**

The State of Iowa has received federal funding from FEMA to offer free virtual counseling and assistance to those affected, in any way, by COVID-19. COVID Recovery Iowa provides counseling, virtual activities, referrals and help finding resources to any Iowan seeking assistance or a listening ear.

Iowans of all ages may join groups online to find support and learn creative strategies for coping with the effects of the pandemic. COVID Recovery Iowa will announce additional programs in the coming weeks to help Iowans build coping skills and resilience.

The attached newsletter provides details about current support groups, tips to stay healthy, current stats on COVID numbers and coping strategies. These newsletters will continue to be shared with you as they are received.

**2. Pandemic Electronic Benefit Transfer (P-EBT) Program, see attached FAQs**

The *Families First Coronavirus Act* allows states to issue Food Assistance benefits to households with children in Pre-K through 12<sup>th</sup> grade. All campus youth automatically participate in the National School Lunch Program as the campus receives Free and Reduced Price School Meals funding to support our meals. If your child was a campus resident as of 3-16-20, then your child will receive a one-time P-EBT benefit of \$307.80. This will likely come in the form of a P-EBT card mailed to the home address on file with the child's home school. If you are already receiving Food Assistance, then it will be added to your regular card/account. Please see the FAQ document attached here for additional details.

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### 3. Asymptomatic COVID positive individuals.

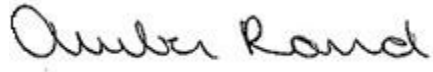
The number of positive COVID cases where individuals have no symptoms are on the rise. The Centers for Disease Control (CDC) are finding that 40% of cases reported no symptoms. The link below will take you to the story.

<https://www.msn.com/en-us/health/medical/the-number-of-covid-patients-without-symptoms-is-growing-cdc-says/ar-BB16GlgB?ocid=msedgdhp>

This is another powerful reminder that we have to act as though anyone of us might be contagious. This is why it is critical to wear a mask in public spaces, to continue to wear masks on campus, and to social distance by avoiding large crowds.

As always, your child's therapist or building supervisor are available for assistance as you need.

Sincerely,



Amber Rand, LMHC, IAADC  
Campus Vice President



Dr. Stephen R. Mandler  
Chief Medical Officer, Orchard Place  
Board Certified in Child & Adolescent Psychiatry